

Oakland County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2023

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

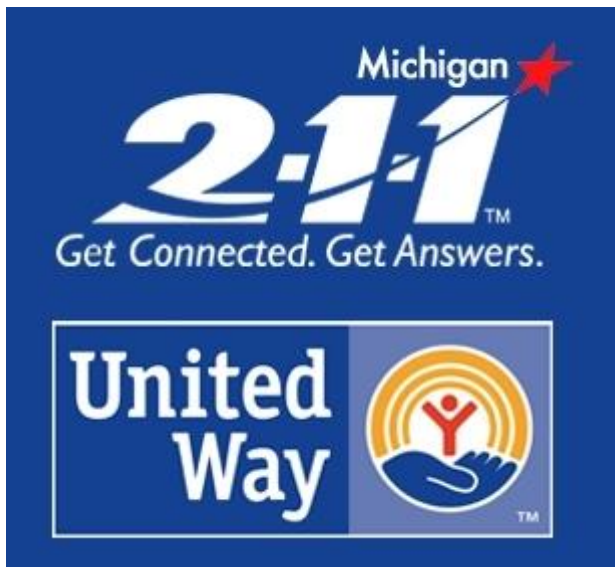
2023

Oakland
County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES 911 CALL

Affirmations (LGBTQ+)	(248) 398-7105
www.goaffirmations.org	
CARE House of Oakland County	(248) 332-7173
www.carehouse.org	
Children & Adult Protective Services (CPS)	(855) 444-3911
Common Ground Crisis Line	(800) 231-1127
www.commongroundhelps.org	
Domestic & Sexual Violence (MCEDSV)	www.mcedsv.org
Equality Michigan	(313) 537-7000
HAVEN Crisis Line	(877) 922-1274
LGBT Hotline	(888) 243-7243
Love Is Respect Hotline	(866) 331-9474
Michigan Coalition to End Narcotics Anonymous 24/7	(517) 347-7000
National Child Abuse Hotline	(800) 230-4085
National Council on Alcoholism & Drug Dependence	(800) 422-4453
National Council on Alcoholism & Drug Dependence	(800) 622-2255
National Domestic & Sexual Violence Helpline	(800) 799-7233
www.thehotline.org	
National Human Trafficking Resource Center	(888) 373-7888
RAINN (Rape & Incest National Network)	(800) 656-4673
www.rainn.org	
Safe Center Crisis Hotline 24/7	(877) 952-7283
Shelterhouse Crisis Line	(877) 216-6383
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention	9-8-8
Victim Connect (stalking hotline)	(855) 484-2846

ADULT AGING SERVICES

McLaren Home Care	(866) 323-5974
McLaren Oakland Senior Perks Membership Program	(248) 338-5000
Senior.perks@mclaren.org	
Alzheimer's Association	(800) 272-3900
Area Agency on Aging 1B	(248) 357-2255
Crisis Services for the Elderly	(517) 483-7205
Department of Human Services	(248) 583-8700
Elder Law/MiCAFE Michigan's coordinated access to food for the elderly	(866) 400-9164
Eldercare Locator Michigan	(800) 677-1116
eldercare.acl.gov	
HAP Senior Plus	(800) 868-3153
Meals on Wheels	(800) 632-7334
Meals on Wheels Pontiac	(248) 738-9393
Meals on Wheels Western Oakland	(810) 632-2155
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174
Oakland-Livingston Human Services Agency (OLHSA) Senior Services	(248) 209-2600
Personal Assistant Services	(248) 743-6667
Rochester Older Persons' Commission (OPC) Main Office	(248) 656-1403
Seniors Helping Seniors Lake Orion	(248) 969-4000
Social Security Administration	(800) 772-1213
Visiting Angels	(800) 365-4189

Assisted Living

Addington Place of Clarkston	(248) 625-0500
Belmar Oakland	(248) 602-2400
Blossom Springs	(248) 601-0505
Cedarbrook of Bloomfield	(248) 923-4299
Mendelson Home Senior living	(248) 618-6362
Samaritas Senior Living	(248) 723-6275
TenderCare Assisted Living	(248) 860-8818
Walton Royal Oak	(586) 353-8536

DISABILITY & SPECIAL NEEDS

RESOURCES

Arc of Oakland County	(248) 816-1900
Autism Society of MI	(800) 328-8476
Children's Special Healthcare Services	(800) 359-3722
Disability Network of MI	(800) 782-4160

www.dnmichigan.org/cil-directory

Easter Seals	(248) 475-6400
GiGi's Playhouse (Down Syndrome Resources)	(847) 885-6149
Leader Dogs for the Blind	(248) 651-9011
Medicare/Medicaid Assistance Program	(800) 803-7174
Michigan Alliance For Families	(800) 552-4821
Michigan Commission for the Blind	(800) 292-4200
Michigan Commission for the Deaf	(877) 499-6232
Michigan Dept of Education-Office of Special Education	(888) 320-8384
Muscular Dystrophy Association	(800) 572-1717
Narcotics Anonymous 24/7	(800) 230-4085
North Oakland SCAMP	(248) 623-8089
OUCARES Oakland University Center for Autism Outreach	(248) 370-2424
Paralyzed Veterans of America	(800) 484-8200
Relay Center for Deaf/Hard of Hearing	7-1-1
Social Security Administration	(800) 772-1213
State of Michigan Division on Deaf, Blind, & Hard of Hearing Toll Free/TTY	(313) 437-7035
United Cerebral Palsy of MI	(800) 872-5827

EMERGENCY & DISASTER SERVICES

FOR EMERGENCY SERVICES CALL 911

American Red Cross	(800) 733-2767
Center for Disease Control and Prevention (CDC)	(800) 232-4636
Emergency Preparedness	(248) 858-1280
Farmington Hills Police Dept.	(248) 871-2600
Independence Fire Dept.	(248) 625-1924
Lake Orion Police Dept.	(248) 693-8321
North Oakland County Fire Authority	(248) 634-4511
Oakland County Sherriff's Office	(248) 858-4951
Oakland Township Fire Dept.	(248) 650-8605
Poison Control	(800) 222-1222
Suicide Prevention	988
Waterford Fire Dept.	(248) 673-0405

EMPLOYMENT ASSISTANCE

Aerotek Staffing Agency	(248) 729-5053
Express Employment Professionals	(248) 682-6500
Michigan Indian Employment and Training Services	(800) 591-8820
Oakland County Workforce Development	(248) 858-5520
Unemployment Office Hotline	(866) 500-0017

FINANCIAL ASSISTANCE

Department of Human Services Pontiac	(248) 975-5200
Jewish Family Services	(248) 592-2300
Lighthouse Clarkston	(248) 620-6116
www.lighthouseoakland.org	
Lighthouse Pontiac	(248) 920-6100
www.lighthouseoakland.org	
OLHSA Ferndale www.olhsa.org	(248) 542-5860
OLHSA Pontiac www.olhsa.org	(248) 209-2600
Salvation Army Pontiac	(248) 334-2407
Salvation Army Royal Oak	(248) 585-5600

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

Active Faith Community Services	(248) 437-9790
American Red Cross	(800) 733-2767
Area Agency on Aging 1B	(248) 357-2255
Church of the Holy Spirit Christian Services Highland	(248) 887-1441
Community Sharing	(248) 889-0347
Department of Human Services	(231) 533-8664
Elder Law of Michigan	(866) 400-9164
Focus: HOPE	(313) 494-5500
Food Bank Council of Michigan (Pantries)	
www.fbmic.org/resources/find-a-food-bank	
Forgotten Harvest	(248) 967-1500
Furniture Bank of SE MI	(248) 332-1300
Gleaners Community Food Bank of SE MI	(866) 453-2637
God's Helping Hands	(248) 852-7400
Grace Centers of Hope	(248) 334-2187
Kids Against Hunger	(248) 336-2559
Lighthouse Emergency	(248) 920-6000
Lighthouse Emergency Clarkston	(248) 620-6116
Meals on Wheels	(800) 632-7334
MI Bridges Food Assistance	(888) 642-7434
Michigan Senior Project FRESH Robin Danto dantor@oakgov.com	(248) 215-6307
Neighbor for Neighbor	(248) 634-0900
Oakland Livingston Human Service Agency (OLHSA)	(248) 209-2600
Open Door Outreach Center	(248) 360-2930
Oxford/Orion FISH	(248) 628-3933
Rochester Area Neighborhood House	(248) 651-5836
Salvation Army - Pontiac	(248) 334-2407
Salvation Army - Royal Oak	(248) 585-5600
St Michael Franciscan Poverty Program	(248) 356-6350

St. Vincent DePaul (313) 393-2930
 WIC Program (800) 942-1636
 Yad Ezra (248) 548-3663

Oakland County Health Department Flu Hotline (800) 848-5533
 Oakland County Health Department Pontiac (248) 858-1305
 Oakland County Health Department Southfield (248) 424-7045
 Oakland Integrated Health Network (OIHN) (248) 857-7432
 The HUDA Clinic (313) 865-8445
 The Wellness Plan - Northwest Medical Center (248) 967-6500
 Waterford Teen Health Center (248) 674-4875

HEALTHCARE SERVICES

Karmanos Cancer Institute (800) 527-6266
 McLaren Home Care (866) 323-5974
 American Cancer Society Southfield (248) 663-3400
 American Diabetes Association (800) 342-2383
 American Heart Association (800) 242-8721
 Centers for Disease Control & Prevention (CDC) (800) 232-4636
 Children's Special Healthcare Services (800) 359-3722
 Gilda's Club Metro Detroit (248) 577-0800
 Medicaid Hotline (800) 642-3195
 Medicare/Medicaid Assistance Program (MMAP) (800) 803-7174
 Oakland County Health Division North Oakland (248) 858-1280
 Oakland County Health Division South Oakland (248) 424-7000
 Oakland County HIV/AIDS Prevention & Control Services (248) 858-5416
 Oakland County Public Health (800) 848-5533
 Oakland County Healthcare Clinic Pontiac (248) 858-1305
 Oakland County Healthcare Clinic Southfield (248) 424-7046
 Veteran Affairs (844) 698-2311

Clinics & Hospitals

Advantage Health Center (313) 835-5990
 Ascension Providence Rochester Hospital (248) 652-5000
 Covenant Community Care Detroit (313) 554-1095
 Covenant Community Care Royal Oak (248) 556-4900
 East Riverside Health Center – Detroit (313) 822-0900
 Community Health Connection
 Gary Burnstein Community Health Clinic (248) 309-3752
www.garyburnsteinclinic.org
 Havenwyck Hospital (800) 401-2727
 Henderson Clinic (248) 333-0840
 Honor Community Health (248) 724-7600
 Honor Community Health Services (248) 334-0024
 Karmanos Cancer Institute (800) 527-6266
 McLaren Home Care (866) 323-5974
 McLaren Oakland Emergency Clarkston (248) 625-2273
 McLaren Oakland Hospital (248) 338-5000
 McLaren Oakland Occupational Health/Urgent Care Oxford Campus (248) 628-3000
 Michigan HIV/STD Hotline (800) 872-2437

Dental Resources

Baker College Dental Hygiene (586) 790-5238
 Covenant Community Care Family Dental Center (313) 554-3880
 Dental Lifeline Network (303) 534-5360
 Detroit Mercy Dental (313) 494-6700
 Michigan Donated Dental Services Program (517) 346-9454
 Michigan Donated Dental Services Program (800) 589-2632
 Oakland County Dental Program (248) 858-1306
 Portable Dental Services (586) 873-5567
 St. John Oral Surgery and Dental Clinic – Braces for children ages 10-18 (313) 499-4775
 St. Joseph Mercy Oakland Dental Clinic (248) 858-6100

Hearing Assistance

MAPI Clinic Lathrup Village (248) 996 9214
 Oakland County Hearing & Vision (248) 424-7070
 Relay Center for Deaf/Hard of Hearing DIAL 7-1-1

Medical Equipment & Loan Closets

Adaptive Environments Home Lifting Systems (800) 355-5438
 ALS of Michigan Equipment (800) 882-5764
 American Sleep Apnea Association Sleepapnea.org (888) 293-3650
 Ednaburton Senior Center (248) 627-6447
 GIGI's Playhouse (248) 557-9899
 Hart Medical Equipment (248) 241-9290
 Michigan Assistive Technology Loan Fund (800) 828-2714
 Michigan CPAP Bank (734) 232-3964
 Muscular Dystrophy (800) 572-1717
 One-Drop Diabetes Support & Supplies <http://onedrop.today> (800) 437-1474
 Paralyzed Veterans of America (800) 424-8200

The National Federation of the Blind (410) 659-9314
 United Cerebral Palsy Michigan (800) 872-5827
 World Medical Relief (313) 866-5333

Mental Health & Counseling Services

Access Alliance (800) 448-5498
 Al-Anon/Al-Ateen Central (248) 706-1020
 Oakland County Office
 Association for Children’s Mental Health (ACMH) (517) 372-4016
 Boys Town National Hotline (800) 448-3000
 Catholic Charities of Southeast Michigan (248) 548-4044
 Christian Family Services (248) 557-8390
 Common Ground (800) 231-1127
 Community Programs, Inc (248) 406-0090
 Covenant Community Care - Detroit (313) 554-1095
 Covenant Community Care – Royal Oak (248) 556-4900
 Easter Seals (800) 395-9819
 Guest House (248) 391-3100
 Haven Crisis Center (248) 334-1274
 National Suicide Hotline (800) 784-2433
 National Suicide Prevention Lifeline (800) 273-8255
 Neighborhood House Rochester (248) 651-5836
 Northville Counseling Center (248) 347-3470
 Oakland Community Health Network (248) 858-5200
 Oakland Community Health Network (800) 341-2003
 Oakland County Health Department (248) 858-5200
 Oakland Family Services Berkley (248) 544-4004
 Oakland Family Services Pontiac (248) 858-7766
 Oakland Family Services Rochester Hills (248) 853-0750
 Oakland Family Services Walled Lake (248) 624-3812
 Oakland Integrated Health Network (OIHN) (248) 857-7432
 Oakland University FCHS Counseling Center (248) 370-2633
 Problem Gambling Help-Line 24-hours, 7-days (800) 270-7117
 Sacred Heart Center (248) 658-1116
 Substance Abuse Hotline (800) 662-4357
 YWCA Interim House Detroit (313) 861-5300

Rehabilitation

McLaren Oakland Lake Orion (248) 693-0505
 Beaumont Rehabilitation Services (248) 855-7411
 Henry Ford Rehabilitation (248) 319-6180
 Maple Manor rehab Center (248) 624-8800
 Mission Point Healthcare (248) 940-5390
 West Bloomfield Health & Rehabilitation Center (248) 661-1600

Substance Abuse

1016 Recovery Network Residential Program (800) 835-5611
 Alcoholics Anonymous (800) 356-9996
 CDC Hotline (800) 232-4636
 Narcotics Anonymous (248) 543-7200
 Narcotics Anonymous (NA) Hotline (800) 230-4085
 National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
 Substance Abuse Hotline (800) 662-4357
 Turning Point Recovery Center (248) 334-7760

Urgent Care

McLaren Oakland Urgent Care (248) 628-3000
 1st Choice Urgent Care of Bloomfield Township (248) 451-0933
 Ascension My Health Urgent Care Bloomfield (248) 454-0442
 Ascension My Health Urgent Care- Campbell Avenue (248) 850-8395
 Beaumont Urgent Care (248) 488-5900
 Berkley Urgent Care & Telemedicine (248) 268-1525
 Bloomfield Urgent Medical Care (248) 247-7947
 Doctors Urgent Care Group (248) 242-6049
 Get Well Urgent Care Pontiac (248) 900-9700
 Pine Knob Urgent Care (248) 297-5282

Vision Assistance

Acuity Eye Care (248) 360-4300
 Auburn Hills Eye Care - Accepts Medicare/Medicaid (248) 858-2223
 Birmingham Vision Care (248) 539-4800
 Eyecare Connection-Highland (248) 887-4175
 Michigan Commission for the Blind (800) 292-4200
 National Eye Institute (301)-496-5248
 Pearle Vision Royal Oak (248) 549-9080
 Pearle Vision Waterford Twp. (248) 674-4065
 Preferred Eyecare (248) 836-3219
 Urban Optiques (248) 347-9090
 Vision Screening (248) 424-7070
 Vision Specialists of Michigan (248) 258-9000
 Walmart Vision Center Rochester Hills (248) 853-2711

HOUSING ASSISTANCE

Action Agency	(800) 209-2600
American Red Cross	(800) 733-2767
C.O.T.S.	(313) 831-3777
Common Ground Sanctuary Shelter	(800) 231-1127
Community Housing Network	(248) 928-0111
Grace Centers of Hope	(248) 334-2187
info@gracecentersofhope.org	
HAVEN	(877) 922-1274
Home Stretch Nonprofit Housing Corporation	(231) 947-6001
HOPE Hospitality & Warming Center	(248) 499-7345
Housing Assessment & Resource Agency (HARA)	(248) 928-0111
Lighthouse Emergency Services Housing assistance to stop foreclosure	(248) 920-6100
Lighthouse PATH – Pontiac Area Transitional Housing	(248) 858-5402
MSHDA: Step Forward	(866) 946-7432
Oakland County Community & Home Improvement	(248) 858-0493
Salvation Army	(248) 334-2407
South Oakland Shelter	(248) 809-3773
www.oaklandshelter.org	
The Heat and Warmth Fund	(800) 866-8429
USDA Rural Development	(517) 324-5190

Emergency Shelters & Warming Centers

Common Ground Sanctuary	(800) 231-1127
Haven Shelter for Women & Children	(248) 334-1274
Hope Hospitality & Warming Center	(248) 499-7345
South Oakland Shelter	(248) 809-3773
Welcome Inn Day Center for the Homeless	(248) 850-3219

LEGAL ASSISTANCE

Center for Civil Justice	(800) 724-7441
Disability Attorneys of Michigan	(888) 886-6400
Disability Network of MI	(800) 782-4160
Elder Law of Michigan	(517) 485-9164
Friend of the Court	(248) 858-0424
Lake Shore Legal Aid	(888) 783-8190
Legal Aid & Defender	(877) 964-4700
www.ladadetroit.org	
Legal Services of Eastern Michigan	(800) 322-4512
Michigan Dept of Civil Rights	(517) 335-3165
Michigan Indian Legal Services	(231) 947-0122
Michigan Senior Legal Hotline	(866) 400-9164
Oakland County Legal Resource Center	(248) 858-0012

Oakland Mediation Center	(248) 338-4280
Mediation & education services to resolve conflict & bullying	
Social Security Administration	(800) 772-1213

LIBRARIES

Addison Twp Library	(248) 628-7180
Auburn Hills Public Library	(248) 370-9466
Baldwin Public Library	(248) 647-1700
Berkley Public Library	(248) 658-3440
Blair Memorial Library	(248) 588-5500
Bloomfield Township Public Library	(248) 642-5800
Brandon Township Public Library	(248) 627-1460
Clarkston Independence Township Library	(248) 625-2212
Commerce Township Community Library	(248) 669-8108
Farmington Community Library	(248) 553-0300
Ferndale Area District Library	(248) 546-2504
Franklin Public Library	(248) 851-2254
Hazel Park Memorial Library	(248) 546-4095
Highland Township Public Library	(248) 887-2218
Holly Township Library	(248) 634-1754
Huntington Woods Library	(248) 543-9720
Lyon Township Public Library	(248) 437-8800
Madison Heights Public Library	(248) 588-7763
Milford Public Library	(248) 684-0845
Northville District Library	(248) 349-3020
Novi Public Library	(248) 349-0720
Oak Park Library	(248) 691-7480
Orion Township Public Library	(248) 693-3000
Oxford Public Library	(248) 628-3034
Pontiac Public Library	(248) 758-3942
Rochester Hills Public Library	(248) 656-2900
Royal Oak Public Library	(248) 246-3700
Salem-South Lyon District Library	(248) 437-6431
Southfield Public Library	(248) 796-4200
Springfield Township Library	(248) 846-6550
Troy Public Library	(248) 524-3538
Walled Lake City Library	(248) 624-3772
Waterford Township Public Library	(248) 674-4831
West Bloomfield Library – Main Branch	(248) 682-2120
West Bloomfield Library – Westacres Branch	(248) 363-4022
White Lake Township Library	(248) 698-4942
Wixom Public Library	(248) 624-2512

PARENTING/PREGNANCY RESOURCES

24-Hour Crisis Line	(800) 275-1995
CareNet Pregnancy Center www.caretberkleydetroit.org	(248) 545-6411
Car Seat Safety Check & Education	(248) 898-0157
Mike Savoie Chevrolet in Troy	
Child Abuse and Neglect Council of Oakland County (CARE House)	(248) 332-7173
Children's Special Health Care Services (CSHCS)	(248) 858-0056
Children's Village	(248) 858-1150
Child Safety Seat Inspection	(866) Seat-Check
Covenant Community Care - Detroit	(313) 554-1095
Covenant Community Care - Royal Oak	(248) 556-4900
Early On	(248) 209-2084
Family Independence Agency	(248) 975-5200
LA LECHE	(800) 525-3243
National Parent Help Line 24/7	(855) 427-2736
Oakland County Health Department	(800) 848-5533
Oakland County Youth Assistance	(248) 858-0051
The Family center for Children & Youth with Special Health Care Needs	(800) 359-3722
United Way for Southeastern Michigan	(313) 226-9200
WIC	(800) 942-1636
Women's Health Resource Line	(800) 994-9662

PHARMACIES & PRESCRIPTION ASSISTANCE

Clarkston Pharmacy	(248) 625-8030
Costco Pharmacy Auburn Hills	(248) 648-0002
CVS Pharmacy Auburn Hills	(248) 393-8114
CVS Pharmacy Clarkston	(248) 620-2600
Kroger Clarkston	(248) 922-0468
Kroger Waterford	(248) 673-4324
LifeSource Direct Uninsured and Underinsured	(866) 340-4748
Medcenter Pharmacy Clarkston	(248) 625-3885
Meijer Pharmacy Select free prescriptions Auburn Hills	(248) 393-5110
Meijer Pharmacy Select free prescriptions Rochester Hills	(248) 844-2810
Meijer Pharmacy Select free prescriptions Royal Oak	(248) 280-5010
Meijer Pharmacy Select free prescriptions Southfield	(248) 304-9510
Meijer Pharmacy Select free prescriptions Waterford Twp	(248) 738-7810
Pine Knob Pharmacy	(248) 620-3588
Pine Knob Pharmacy Pontiac	(248) 253-0521

Pontiac High School – Based Health Center	(248) 724-7600
Prescription Assistance	www.pparx.org
Rite Aid Pharmacy Pontiac	(248) 335-0602
Rite Aid Pharmacy Waterford	(248) 673-2059
Rx Assist	www.rxassist.org
Sam's Club Pharmacy	(248) 391-6697
Walgreens Lake Orion	(248) 393-2934
Walgreens Rochester Hills	(248) 608-0643
Walgreens Southfield	(248) 356-1757
Walgreens Waterford	(248) 681-7636
Wal-Mart Rochester Hills	(248) 853-2174
Waterford Teen Health Center	(248) 674-4876
Life Source Direct Rx Discount Card	(866) 340-4748
Underinsure	
MiRx Discount Card	(866) 755-6479
MMAP	(800) 803-7174
NeedyMeds (Pharmaceutical company assistance programs)	(800) 503-6897
RX Outreach	(800) 769-3880

SUPPORT GROUPS

ALS of Michigan	(800) 882-5764
Alzheimer's Association and Helpline	(800) 272-3900
Area Agency on Aging 1B	(248) 357-2255
Autism Society of MI	(800) 328-8476
Common Ground Crisis Line	(800) 231-1127
Compassionate Friends	(877) 969-0010
Disability Network of MI www.dnmichigan.org/cil-directory	(800) 782-4160
Epilepsy Foundation of Michigan	(800) 377-6226
Equality Michigan	(313) 537-7000
Haven Crisis Line	(877) 922-1274
Huntington's Disease	(800) 909-0073
Leukemia & Lymphoma Society	(800) 456-5413
LGBT Hotline	(888) 243-7243
Love is Respect Hotline	(866) 331-9474
Michigan HIV AIDS Hotline	(800) 872-2437
Muscular Dystrophy Association	(800) 572-1717
Narcotics Anonymous 24/7	(800) 230-4085
National Council on Alcoholism Drug Dependence	(800) 622-2255
National Domestic & Sexual Violence hotline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Parkinson's Support Group	(800) 852-9781
Problem Gambling Help Line	(800) 270-7117
SEMCA	(800) 686-6543

Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	(800) 273-8255
United Cerebral Palsy of MI	(800) 828-2714
Women's Health Resource Line	(800) 994-9662

TRANSPORTATION

American Cancer Society Road to Recovery	(800) 227-2345
Area Agency on Aging 1B	(248) 357-2255
Auto Safety Hotline	(888) 327-4236
Bloomfield Twp. Senior Trans. Services	(248) 723-3500
Child Safety Seat Inspection	(866) Seat Check
GoGoGrandparent	(855) 464-6872
www.gogograndparent.com	
Karmanos Cancer Institute	(800) 527-6266
LogistiCare	(866) 569-1902
www.logisticare.com	
Loving Touch Transportation	(586) 992-1024
North Oakland Transportation Authority	(248) 693-7100
Senior Services Auburn Hills	(248) 370-9353
SMART Ride	(866) 962-5515
www.smartbus.org	
Worry Free Transportation	(248) 481-8811

TRIBAL SERVICES

Department of Civil Rights	(517) 335-3165
MDHHS Native American Affairs Office	(517) 335-7782
Michigan Indian Employment and Training Services	(800) 591-8820
Michigan Indian Legal Services	(231) 947-0122
Michigan Indian Tuition Wavier	(517) 241-7748
U.S. Office of Indian Education	(202) 260-3774

VETERANS AFFAIRS

Area Agency on Aging 1B	(248) 357-2255
CHAMPVA	(800) 733-8387
Dearborn Vet Center	(313) 277-1428
Detroit Vet Center	(313) 822-1141
Michigan Veterans Affairs	(800) 642-4838
Oakland County Veterans Services – Pontiac	(248) 858-0785
Oakland County Veterans Services - Troy	(248) 655-1250
Paralyzed Veterans of America	(800) 638-6782
Pontiac Vet Center	(248) 874-1015
Southeast Oakland	(248) 655-1250
Veterans Administration	(800) 827-1000
Veteran Affairs	(844) 698-2311
Veteran's Crisis Line	(800) 273-8255

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.